



## FAMILY LIVING SKILLS

### COMPLETE SIX ACTIVITIES.

- 1 Read about families in Chapter 2 of your *Junior Girl Scout Handbook*.
  - Look for the responsibilities each family member has, the way decisions are made, how problems are solved, what conversations between adults and children are like, and the ways families share and help each other.
  - Compare the television and movie families to families you know. How are these families the same? How are they different?
- 2 Find out about several agencies that help families in your community, county, or state. What help do they give to families? What training and education do people need? Add the information you find to a troop career file, use it to create a community service reference booklet, or create a poster highlighting these agencies.
- 3 Make up a skit, short story, cartoon, or display showing what family life could be like in the future. What would change the most?
- 4 Ask several people, including women and men of different ages, girls and boys your own age, and people from different ethnic and religious backgrounds how they would describe a homemaker. You can tape or write down their definitions. Decide on some way to chart or list your results and share them with others.
- 5 Interview one of the oldest members of your family or members of your community. What household labor-saving techniques and products have been invented since they were young? How have the changes in housekeeping changed family life? Share your discoveries with others.
- 6 What are the household tasks that need to be done in your home? With your family, talk about each person's responsibilities and activities outside the home (jobs, school, hobbies, volunteer work, etc.). Fill in the chart, "Responsibilities of a Family Member," in Chapter 2 of your *Junior Girl Scout Handbook*. How can you all cooperate and share in the necessary work? Write out a plan for your share of the work and follow your plan for at least three weeks.

or

For at least two weeks, in addition to your regular household activities, do *one* of the following household tasks in your home or in the home of someone you know who could use your help: shopping, meal preparation, laundry, gardening, light cleaning. Ask an adult to keep track of how well you did your household tasks.



Do



Don't



Do



Don't

9 Learn about what to look for in cases of hypothermia and heat stroke. Describe how treatments differ and what you can do to prevent and/or avoid both.

10 Invite a teacher, park ranger, health professional, or veterinarian to your meeting to talk about Lyme disease or some other disease in your area that can be caught from ticks or insects. Learn what types of precautions should be taken when traveling in an area where it is possible to contract these diseases. Record all information for future reference.



Date badge completed

My signature

Leader's signature