

# “Doing” Hobbies

“Doing” hobbies are activities that you like to do—singing, playing games or sports, cooking, taking pictures, gardening, painting, bird-watching, reading, or playing an instrument. Once you find a doing hobby that “fits,” you’ll spend hours having lots of fun.



### 1. Handmade Especially for You

Use your hobby to make a gift for someone. If you sing, you can sing that person a song. If you read, you can read a story to that person.

### 2. The Right Fit

Ask yourself these questions about your hobby and discuss the answers with an adult family member or other adult.

- Is it fun?
- Can I afford it?
- Do I have space for it?
- Where will I do it?
- Can I do it alone or with others?
- Do I have time for it?
- Are there safety or environmental factors to consider?

### 3. Learning a “Doing” Hobby

Practice your hobby. Demonstrate or try to teach your hobby to others.

### 4. Hobbies in the Past

Learn something about the history of your hobby and about others who share your hobby.

### 5. Your Hobby: A Possible Career

Sometimes the skills you learn from your hobby are skills you will use in a future career. Find out about three kinds of careers that are related to your hobby. How are they different? How are they the same? Can you see yourself in one of them?

### 6. Do Your Hobby with Others

Participate in an activity with other people who also share your hobby. For example, sing with a musical group, hike with your troop/group members, play an instrument in a band, join a bird-watching club, or go to a garden or flower exhibit.

### 7. What in the World Are You “Doing”?

What do people do as a hobby in other countries? Choose a country other than the U.S. and find out about a hobby that’s popular there. You can use the Internet or your local library to get information. Or ask someone who has lived in or traveled to that country to tell you what she/he knows about hobbies in that area. If possible, try the hobby yourself.

### 8. Give Back

Sometimes your hobby will allow you to do something for your community or the environment. For example, if your hobby is gardening, volunteer to help plant flowers at your local park. If you like to read, read out loud to a senior citizen who has trouble reading the small print of the newspaper. Find a way to “give back” to your community through your hobby.

### 9. Hobby Together

Find out about organizations and clubs that promote your hobby. If you have a hobby, there is probably a club for it. For example, there are clubs for sports (with members from beginners to experts), reading, knitting, and photography.

### 10. Find a New One

Many activities in your *Junior Girl Scout Handbook* would make great hobbies. Find an activity that interests you and find out more about it as a potential hobby.